

Wayne Education Center

October 2017

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>2 CHOOSE ONE Macaroni and Cheese CHOOSE ONE OR MORE 1.Fruit Cup 2. 100% fruit juice 3.Broccoli 4.Carrots</p>	<p>3 CHOOSE ONE BBQ Chicken Flatbread Pizza CHOOSE ONE OR MORE 1.Fruit Cup 2.Fresh Fruit 3.BBQ Beans 4.Side salad</p>	<p>4 CHOOSE ONE Bacon Burger on a bun CHOOSE ONE OR MORE 1.Fruit cup 2.Fresh Fruit 3.Garden Salad 4.Veggie bag</p>	<p>5 CHOOSE ONE Chicken Nuggets with wheat roll CHOOSE ONE OR MORE 1.Fruit cup 2.100% fruit juice 3.Sweet potato poppers 4.Steamed Carrots</p>	<p>6 CHOOSE ONE Stuffed Crust Pizza or Fish Sandwich CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3.French Fries 4.Corn</p>
<p>9 COLUMBUS DAY NO SCHOOL</p>	<p>10 CHOOSE ONE Hot Dog on a bun CHOOSE ONE OR MORE 1.100% fruit juice 2.Fruit Cup 3.Broccoli 4.Tater Tots</p>	<p>11 CHOOSE ONE Taco Salad CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3.Baked Beans 4.Corn</p>	<p>12 CHOOSE ONE Chicken Tenders with Wheat Roll CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3.Mashed Potatoes 4.Veggie Bag</p>	<p>13 CHOOSE ONE French Bread Pizza or Fish Sandwich CHOOSE ONE OR MORE 1.100% fruit juice 2.Fruit Cup 3.Romaine Salad 4.Baby Carrots</p>
<p>16 CHOOSE ONE French toast sticks w/sausage patty CHOOSE ONE OR MORE 1.100% fruit juice 2.Fruit Cup 3.Corn 4.Hash Brown Patty</p>	<p>17 CHOOSE ONE Cheeseburger on a wheat bun CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3.Tater Tots 4.Carrots</p>	<p>18 CHOOSE ONE Chicken Patty on a bun CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3.Baked Beans 4.Cucumber Slices</p>	<p>19 CHOOSE ONE Grilled Cheese Sandwich CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3.Veggie Sticks 4. Tomato Soup</p>	<p>20 CHOOSE ONE Pizzeria Style or White Pizza or Fish Sandwich CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3.Romaine side salad 4. Celery w/dip</p>
<p>23 CHOOSE ONE BBQ Rib on a WW bun CHOOSE ONE OR MORE 1. 100% fruit juice 2..Fruit Cup 3.Golden Corn 4.French Fries</p>	<p>24 CHOOSE ONE Pasta Bake w/Italian Bread CHOOSE ONE OR MORE 1. Fresh Fruit 2. Fruit Cup 3.Fresh Garden Salad 4.Green Beans</p>	<p>25 CHOOSE ONE Taco Salad CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3. Baked Beans 4.Carrot Coins</p>	<p>26 CHOOSE ONE Sub Day(Ham or Turkey) or Fish on a ww bun CHOOSE ONE OR MORE 1. 100% fruit juice 2.Fruit Cup 3.Bag of Chips 4. Corn</p>	<p>27 NO SCHOOL CONFERENCE DAY</p>
<p>30 CHOOSE ONE Chicken Tender with a ww roll CHOOSE ONE OR MORE 1.Fruit Cup 2. Fresh Fruit 3.Mashed Potatoes 4.Baked Beans</p>	<p>31 CHOOSE ONE Pretzel Dog w/cheese sauce CHOOSE ONE OR MORE 1.Fresh Fruit 2.Fruit Cup 3.Steamed Broccoli 4.Fresh Garden Salad</p>			